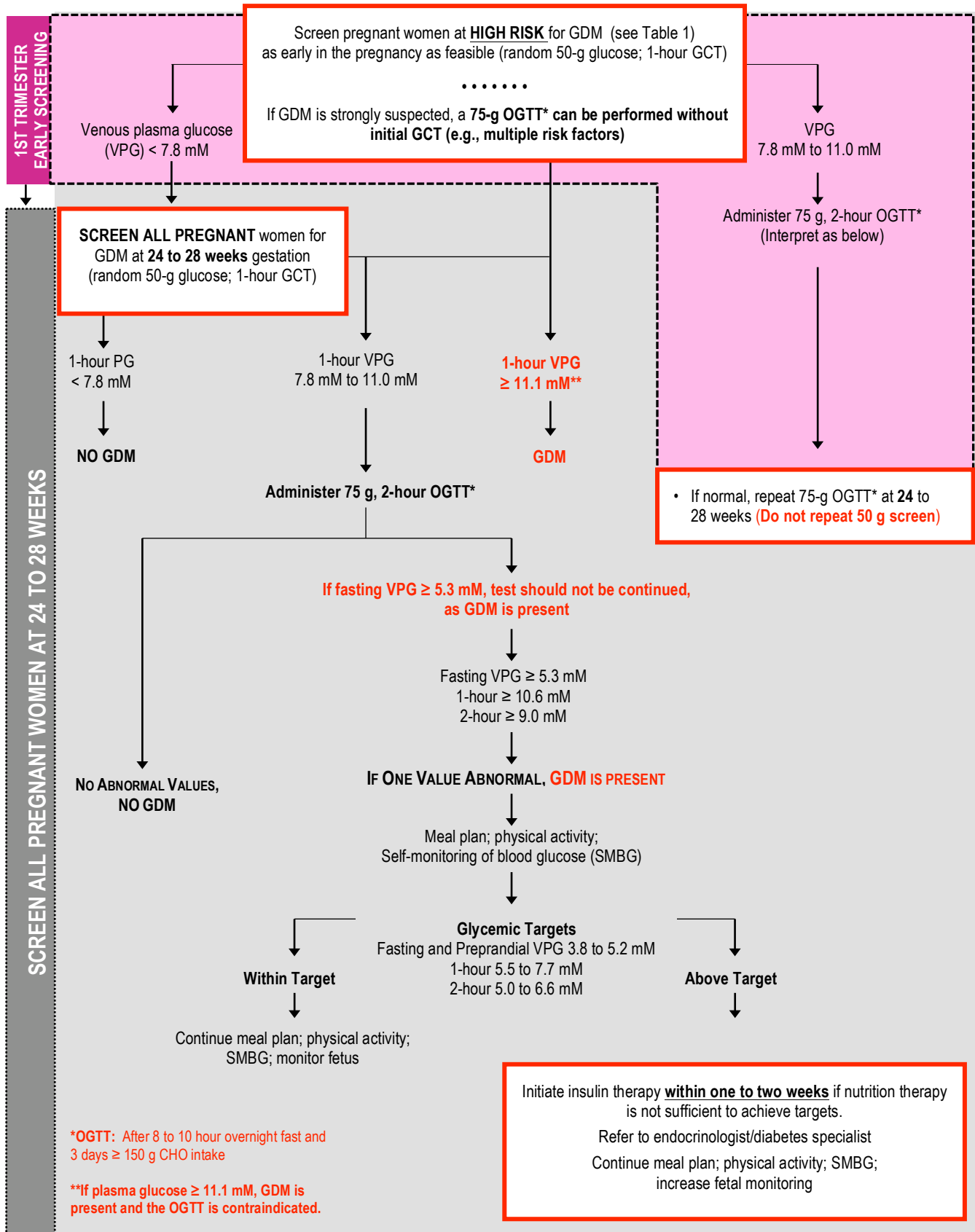


## APPENDIX A: SCREENING FOR GESTATIONAL DIABETES (GDM)



Reference: Canadian Diabetes Association Clinical Practice Guidelines Expert Committee. Canadian Diabetes Association 2013 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada. *Canadian Journal of Diabetes*. 2013;37(suppl 1):S1-212.

Key: OGTT = oral glucose tolerance test; GCT = oral glucose challenge test (continued on next page)

**TABLE 1: WOMEN CONSIDERED AT HIGH RISK FOR DEVELOPING GDM**

High Risk
<ul style="list-style-type: none"><li>• Previous diagnosis of GDM</li><li>• Prediabetes</li><li>• History of macrosomic infant</li><li>• 1<sup>st</sup> degree relative with diabetes</li><li>• Glycosuria</li><li>• Member of a high-risk population (Aboriginal, Hispanic, South Asia, Asian, African Canadian)</li><li>• Multiple gestation</li><li>• Age ≥ 35 years</li><li>• BMI ≥ 30 kg/m<sup>2</sup></li><li>• Acanthosis nigricans</li><li>• Corticosteroid use</li><li>• History of unexplained stillbirth</li><li>• Polycystic Ovary Syndrome (PCOS)</li><li>• Pancreatic insufficient cystic fibrosis</li><li>• Current fetal macrosomia or polyhydramnios</li></ul>

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