

Nova Scotia Insulin Pump Program (NSIPP)

What is the NSIPP?

The Nova Scotia Insulin Pump Program (NSIPP) is a government-funded program designed to help with the costs of insulin pumps and insulin pump supplies.

Who is it for?

Children and young adults (up to and including age 25) with type 1 diabetes who have financial needs, meet the Medical Eligibility Criteria, and also have a valid NS health card.

What is covered?

If you are 25 years of age or younger, help with insulin pump and pump supplies (insertion sets, skin prep, and reservoirs).

What do I need to do to be medically eligible for the NSIPP?

You must meet the following criteria, among others, to become a safe and successful pumper:

- Attend(ed) the Diabetes Centre's insulin pump therapy education program.
- Two or more visits to an NSIPP-approved Diabetes Centre (including your diabetes specialist physician) AND 2 or more A1C tests in the past year.
- Test and record your blood glucose 4 or more times a day, AND act on the results.
- Have a personalized A1C goal (set by you and your team) and are trying to achieve this.
- Demonstrate good knowledge and practice of carbohydrate counting, sick day management, and insulin dose adjustment.

How do I get started?

- Talk to your Diabetes Health Care Team and your physician. Let them know you are interested in the new Insulin Pump Program. If you need a referral to a NSIPP Diabetes Health Care Team, this can be made at any time.
- Review the Medical Eligibility Criteria and start preparing now.
- Visit the Department of Health and Wellness website (<http://novascotia.ca/dhw/nsipp>) and review the information about the program and the financial calculator to see if the NSIPP will be of benefit to you. Then begin the application process. You will need your notice of assessment (NOA) from the most current year you apply.